

## THE ROLE OF EDUCATIONAL INSTITUTIONS IN COUNTERING POLITICAL POLARIZATION: BUILDING INCLUSIVE COMMUNITIES AND CIVIC ENGAGEMENT

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**Abstract:** Political polarization has become increasingly prevalent worldwide, posing significant challenges to social cohesion, democratic governance, and civic participation. Various factors, including ideological divisions, socio-economic disparities, and the rise of digital echo chambers, have exacerbated this phenomenon. Amidst this backdrop, educational institutions have emerged as pivotal actors in addressing political polarization by fostering inclusive communities and promoting civic engagement among students and faculty members. This study aims to identify the key challenges and opportunities faced by educational institutions in addressing political polarization, examine the effectiveness of existing interventions and programs, and propose evidence-based recommendations for enhancing the role of educational institutions in building inclusive communities. This study employs a qualitative research design utilizing a literature review as the primary methodological approach. The data for this research are obtained from various scholarly sources, including academic journals, books, reports, and policy documents, accessed through academic databases, institutional repositories, and online libraries. In conclusion, this research sheds light on the crucial role that educational institutions play in combating political polarization by fostering inclusive communities and promoting civic engagement among students. Through an analysis of the various mechanisms and strategies employed, it becomes evident that educational institutions are vital platforms for bridging ideological divides and nurturing a culture of tolerance and respect for diverse perspectives.

**Keywords:** Political Polarization, Educational Institutions, Inclusive Communities, Civic Engagement

## **INTRODUCTION**

Political polarization has become increasingly prevalent in societies worldwide in recent years, posing significant challenges to social cohesion, democratic governance, and civic participation (McAvoy & Hess, 2013). Various factors, including ideological divisions, socio-economic disparities, and the rise of digital echo chambers, have exacerbated this phenomenon. Amidst this backdrop, educational institutions have emerged as pivotal actors in addressing political polarization by fostering inclusive communities and promoting civic engagement among students and faculty members.

Political polarization in the educational environment refers to the increasing divisions and tensions between groups with different political views within the education system. This phenomenon can occur at different levels of education, from elementary school to college, and can affect various aspects of life in the educational environment (Fitzgerald et al., 2021). One example of political polarization in the educational environment is the creation of groups or factions among students, teachers, and administrative staff with extreme and conflicting political views. This can lead to conflicts between individuals, groups, or educational institutions.

Political polarization can also be reflected in curriculum and teaching in educational settings (Zeba, 2023). For example, there is controversy over how politically sensitive or controversial issues are presented to students. An unbalanced curriculum or tendentious teaching can reinforce political polarization among students and affect their perception of certain issues. In addition, political polarization can affect educational institutions' social and cultural climate (Mirra, 2018). This can be reflected in interactions between educational community members, such as class discussions, extracurricular activities, or events outside of study hours. High political tensions can disrupt educational community members' cooperation, solidarity, and unity.

Political polarization in the educational environment can be very detrimental, including disruption of the learning process, increased levels of conflict and violence in schools, and decreased sense of security and well-being of students and educators (Banks, 2017). Therefore, it is important to understand and overcome political polarization within educational institutions to create an inclusive, harmonious, and supportive environment for all educational community members.

Political polarization refers to the widening ideological gap and entrenched divisions between individuals or groups with opposing political beliefs and preferences. This polarization often manifests in heightened partisanship, reduced political tolerance, and increased hatred toward those holding different viewpoints. Such polarization undermines social trust, hinders constructive

dialogue, and impedes collective action, posing a threat to democratic norms and institutions (Rosen & Painter, 2019). Given its far-reaching implications, addressing political polarization has become a pressing concern for policymakers, scholars, and practitioners alike.

While considerable attention has been devoted to understanding the causes and consequences of political polarization, there remains to be a notable gap in the literature concerning the role of educational institutions in countering this phenomenon. Existing research has primarily focused on the political implications of polarization, overlooking the potential contributions of educational institutions in promoting cross-ideological dialogue, critical thinking, and civic engagement (Paffenholz & Spurk, 2006). Thus, there is a need for empirical studies that explore how educational institutions can serve as catalysts for mitigating political polarization and fostering inclusive communities.

The urgency of investigating the role of educational institutions in countering political polarization is underscored by the growing polarization trends observed in many democracies worldwide. As divisive rhetoric and ideological extremism continue to increase, the need for effective interventions to promote tolerance, mutual respect, and civic participation has become increasingly apparent. Educational institutions are uniquely positioned to address these challenges by equipping students with the knowledge, skills, and values necessary for active citizenship and democratic engagement.

Research (Hess & McAvoy, 2014) found that civic education programs integrating learning about pluralism and tolerance can increase high school students' inclusive attitudes and political participation. (Watkin & Conway, 2022) conducted a longitudinal study showing that participation in extracurricular activities that emphasize intercultural dialogue and social skills development can reduce political polarization in college. The research results (Amit & Kafy, 2022) show that training programs for teaching staff that aim to improve conflict management skills and facilitate inclusive discussions can strengthen a harmonious learning climate in schools. Research (Zeba & Medda-Windischer, 2023) identified that curricula that integrate an understanding of diverse political perspectives can help students develop critical thinking skills and empathy for different views. (Balsano, 2005) investigated the impact of participatory activities in educational settings on students' attitudes to tolerance and political engagement and found that active participation in social projects can reduce political polarization among college students.

Although these studies provide valuable insights, there still needs to be more literature related to a lack of focus on the specific role played by educational institutions in addressing political polarization. My research aims to fill this gap by investigating concrete strategies used by educational

institutions in building inclusive communities and increasing citizen engagement in democratic processes. The novelty of my research lies in a holistic approach that combines concepts from the fields of education, political sociology, and social psychology to develop a comprehensive framework for addressing political polarization among students and educators. In addition, my research will also provide new insights by involving case studies from various global perspectives to provide a deeper understanding of the unique contexts that influence the effectiveness of intervention strategies in different countries.

This study seeks to contribute to the existing literature by examining the specific mechanisms through which educational institutions can mitigate political polarization and cultivate inclusive communities. By adopting a comprehensive approach that integrates theoretical frameworks from political science, education, and social psychology, this research aims to uncover innovative strategies and best practices for building resilient, democratic societies. Moreover, by conducting case studies from diverse global perspectives, this study will offer nuanced insights into the contextual factors that shape the effectiveness of interventions to counter political polarization.

This study's primary objective is to investigate educational institutions' role in countering political polarization and promoting civic engagement. Specifically, the study aims to identify the key challenges and opportunities faced by educational institutions in addressing political polarization, examine the effectiveness of existing interventions and programs, and propose evidence-based recommendations for enhancing the role of educational institutions in building inclusive communities. By shedding light on this critical issue, the study seeks to inform policymakers, educators, and stakeholders about the importance of prioritizing civic education and fostering democratic values within educational settings. Ultimately, the findings of this research can contribute to the development of informed policies and practices that promote social cohesion, democratic resilience, and civic participation in diverse societies.

## **METHODS**

This study employs a qualitative research design utilizing a literature review as the primary methodological approach. The data for this research are obtained from various scholarly sources, including academic journals, books, reports, and policy documents, accessed through academic databases, institutional repositories, and online libraries. The technique used for data collection is library research, which involves systematically searching and gathering relevant literature related to the role of educational institutions in countering political polarization and promoting inclusive communities and civic engagement.

The process of library research entails utilizing keywords and search terms such as "educational institutions," "political polarization," "inclusive communities," and "civic engagement" to identify pertinent literature. The collected sources provide theoretical frameworks, empirical evidence, case studies, and best practices relevant to the research topic. These sources serve as the primary data for analysis in this study.

The method of data analysis employed in this research is thematic analysis. Thematic analysis involves identifying, analyzing, and interpreting patterns or themes within the collected literature. The analysis process includes coding the data, categorizing themes, and synthesizing findings to draw meaningful insights and conclusions. Through thematic analysis, this study aims to uncover key themes and perspectives on how educational institutions can effectively address political polarization, foster inclusive communities, and promote civic engagement.

## RESULTS AND DISCUSSIONS

### Findings

In the context of understanding the role of educational institutions in overcoming political polarization and building inclusive communities, the data presented in the following tables provide an important picture of student participation in civic activities and their perceptions of the campus environment.

**Table 1.** Literature Review Findings on The Role of Educational Institutions in Countering Political Polarization

No.	Author(s)	Title of Study	Key Findings
1	(Trostle & Hersh, 2003)	"The Role of Universities in Promoting Civic Engagement"	- Universities serve as platforms for fostering open dialogue and critical thinking  - Promotion of diversity and inclusivity to bridge ideological divides
2	(Brezicha et al., 2023)	"Addressing Political Polarization in Higher Education"	- Educational institutions have a responsibility to combat polarization by promoting tolerance and understanding  - Importance of providing opportunities for students to engage in civic activities
3	(McGinn, 2008)	"Educational Institutions as Agents of Social Cohesion"	- Role of educational institutions in promoting social cohesion and democratic values  - Strategies for creating inclusive environments and fostering civic engagement among students
4	(Tong, 2023)	"Fostering Inclusive Communities in Higher Education"	- Implementation of diversity training programs for faculty and staff  - Creation of safe spaces for dialogue and debate

No.	Author(s)	Title of Study	Key Findings
5	(Wyatt-Nichol & Antwi-Boasiako, 2008)	"Integrating Diversity into the Curriculum"	- Incorporation of diverse perspectives and experiences into course materials and discussions
6	(Linder & Cooper, 2023)	"Building Inclusive Campus Cultures"	- Institutional commitment to diversity and inclusion through policies and initiatives

The table provides important insights into literature studies' findings on educational institutions' role in overcoming political polarization. This table highlights the importance of educational institutions as platforms to promote civic engagement and facilitate open dialogue and critical thinking. This finding confirms that educational institutions significantly shape student attitudes and behaviors related to political issues. In addition, the emphasis on promoting diversity and inclusivity reflects the importance of fostering dialogue across ideologies to reduce polarization.

On the other hand, the table also highlights the responsibility of educational institutions in dealing with political polarization by promoting tolerance and better understanding among students. The findings emphasize the importance of providing opportunities for students to engage in civic activities, such as political discussion and social advocacy, to help them build the skills and understanding necessary to become active, critically-minded citizens. Thus, educational institutions function as places of academic learning and laboratories to train students to become responsible members of society.

The table also highlights the role of educational institutions as agents that promote social cohesion and democratic values. These findings suggest creating an inclusive environment and encouraging civic engagement among students. Educational institutions must implement strategies that support the formation of inclusive communities and provide opportunities for students to participate in civic activities. It affirms that education is about increasing knowledge, forming character and attitudes that support social unity, and constructing a democratic society. Here is a further analysis of the role of educational institutions in political polarization.

### ***The Role of Educational Institutions on Political Polarization***

The role of educational institutions in addressing political polarization is multifaceted and significant. As hubs of knowledge dissemination and critical thinking, educational institutions hold considerable influence over the attitudes and beliefs of students. However, they are not immune to the effects of political polarization themselves (Thoma, 2021). In some cases, institutional biases or lack of diversity among faculty members can inadvertently contribute to polarization by perpetuating certain ideologies or silencing dissenting voices (Stephens et al., 2021). Moreover, the increasingly

politicized nature of academic discourse can further exacerbate divisions within educational settings. Therefore, educational institutions must recognize their role in shaping political attitudes and take proactive measures to promote inclusivity, tolerance, and constructive dialogue.

Educational institutions can play a pivotal role in mitigating political polarization by fostering an environment that encourages open-mindedness, critical thinking, and respectful discourse. By exposing students to diverse perspectives and encouraging them to engage in dialogue with those with different viewpoints, institutions can help cultivate a culture of empathy and understanding (Atkinson, 2000). Additionally, promoting interdisciplinary approaches to learning and incorporating civic education into the curriculum can give students the tools to analyze complex political issues and navigate polarized environments critically. Moreover, by modeling inclusive and democratic principles in their own governance structures and decision-making processes, educational institutions can serve as beacons of democratic values and promote civic engagement among students.

Furthermore, educational institutions are responsible for actively addressing the root causes of political polarization by promoting media literacy and critical thinking skills among students. By teaching students how to critically evaluate information, identify biases, and distinguish between fact and opinion, institutions can empower them to navigate the increasingly complex media landscape and resist manipulation by extremist ideologies (Lee et al., 2021). Moreover, by providing students with opportunities for civic engagement and encouraging them to participate in democratic processes, such as voting and community activism, educational institutions can instill a sense of civic responsibility and empower students to become active participants in shaping the future of their communities and society as a whole (Healey et al., 2008).

Educational institutions are crucial in shaping individuals' political attitudes, beliefs, and behaviors. Numerous studies have highlighted the significant impact of educational environments on political polarization. For instance, research (Carothers & O'Donohue, 2019) demonstrated that exposure to diverse viewpoints within educational settings can mitigate polarization by fostering critical thinking and tolerance for alternative perspectives. Similarly, (Hernández-Medina, 2010) found that educational curricula emphasizing civic education and democratic values reduce polarization by promoting informed political participation among students. Moreover, studies by (Y. Kim et al., 2013) underscored the importance of inclusive classroom discussions and respectful dialogue in bridging ideological divides and fostering mutual understanding among students.

### ***Strategies for Promoting Inclusive Communities***

Promoting inclusive communities within educational institutions requires a comprehensive approach addressing various aspects of campus life. One key strategy is the implementation of

diversity training programs for faculty, staff, and students. These programs can help raise awareness of unconscious biases, promote cultural competency, and provide tools for navigating sensitive discussions. Additionally, creating safe spaces for dialogue and debate, such as diversity forums or intergroup dialogues, allows individuals from different backgrounds to share their experiences and perspectives openly. These platforms facilitate understanding, empathy, and mutual respect, fostering a sense of belonging among all community members.

Incorporating diversity and inclusion into the curriculum is another essential strategy for promoting inclusive communities within educational institutions. By ensuring that course materials and classroom discussions reflect diverse perspectives and experiences, institutions validate the identities and contributions of all students. Moreover, offering courses or programs focused on topics such as multiculturalism, social justice, and identity studies provides students with opportunities to explore issues of diversity and inclusion in-depth. This enhances their understanding of complex social issues and empowers them to advocate for diversity and equity in their personal and professional lives (Grillo et al., 2010).

Furthermore, fostering an inclusive campus culture requires institutional commitment and support. Educational institutions can demonstrate their commitment to diversity and inclusion through policies and initiatives prioritizing equity and access (Cornwall & Coelho, 2007). This may include establishing diversity offices or task forces to oversee diversity initiatives, implementing recruitment and retention strategies to increase the representation of underrepresented groups among faculty, staff, and students, and providing resources and support services for marginalized communities. By creating an environment where all individuals feel valued, respected, and empowered to succeed, educational institutions can build inclusive communities that enrich the learning experience for everyone.

Educational institutions employ various strategies to cultivate inclusive communities that embrace diversity and promote social cohesion. One effective approach is the implementation of diversity and inclusion initiatives within campus environments. Research by (Y.-C. Kim & Ball-Rokeach, 2006) demonstrated that proactive measures such as multicultural programming, intergroup dialogue, and inclusive leadership training can create a sense of belonging among students from different backgrounds, thereby mitigating polarization. Additionally, collaborative efforts between faculty, staff, and student organizations are essential in creating welcoming spaces where individuals feel respected and valued regardless of their ideological differences.

### *Enhancing Civic Engagement Through Education*

Civic engagement initiatives within educational institutions play a vital role in fostering active citizenship and promoting democratic values. Several studies have emphasized the importance of experiential learning opportunities, such as service-learning projects and community-based internships, in cultivating students' sense of civic responsibility and social activism. Furthermore, research by (Ben-Porath, 2023) highlighted the positive impact of student-led initiatives, such as voter registration drives and advocacy campaigns, in mobilizing campus communities to participate in political processes and effecting positive social change.

Enhancing civic engagement through education is essential for cultivating informed and active citizens who contribute positively to society. One effective strategy is integrating civic education into the curriculum across various disciplines. By incorporating topics such as democracy, government structures, and civil rights into courses, educational institutions provide students with the knowledge and understanding they need to participate meaningfully in civic life. Moreover, experiential learning opportunities, such as service-learning projects and internships with community organizations, allow students to apply their knowledge in real-world contexts and develop practical skills for civic engagement.

Furthermore, fostering a culture of civic responsibility and leadership within educational institutions can significantly enhance student engagement. Encouraging participation in student government, campus clubs focused on social justice or community service, and volunteer initiatives helps students develop the skills and confidence to become effective advocates for change. Additionally, providing opportunities for students to engage in political activism, such as organizing rallies or participating in grassroots campaigns, empowers them to address pressing societal issues and make a tangible impact in their communities. By fostering a sense of agency and empowerment, educational institutions can inspire students to become lifelong contributors to the democratic process.

Moreover, leveraging technology and digital platforms can enhance civic engagement efforts within educational settings. Online platforms for discussion, debate, and collaboration provide students with opportunities to engage with peers, experts, and community members on issues of civic importance (Rebell, 2018). Additionally, social media can be a powerful tool for raising awareness, mobilizing support, and organizing collective action around social and political causes. By harnessing the power of technology, educational institutions can expand the reach of their civic engagement initiatives and empower students to advocate for positive change in an increasingly interconnected world.

## **Discussion**

Educational institutions play a crucial role in shaping the attitudes and perspectives of individuals, making them key players in countering political polarization. By providing a platform for critical thinking and open discourse, these institutions have the potential to bridge ideological divides and foster understanding among students from diverse backgrounds (Ghosh et al., 2017). However, the extent to which educational institutions can effectively address political polarization depends on various factors, including institutional policies, curriculum design, and faculty and staff attitudes. While some institutions may actively promote inclusivity and tolerance, others may inadvertently contribute to polarization through biased teaching materials or the suppression of dissenting viewpoints (Camicia & Knowles, 2021). Therefore, educational institutions need to recognize their influence and take proactive steps to mitigate polarization by promoting diversity, encouraging dialogue, and fostering an environment of mutual respect and understanding.

A multifaceted approach is necessary to build inclusive communities within educational institutions. This includes implementing diversity training programs for faculty and staff to raise awareness of unconscious biases and promote inclusive teaching practices. Creating respectful dialogue and debate spaces, such as diversity forums or intergroup dialogues, can facilitate understanding and empathy among students with differing viewpoints. Moreover, incorporating diverse perspectives into the curriculum and ensuring representation in course materials and classroom discussions can help validate the experiences of all students. By promoting inclusivity through these strategies, educational institutions can create a supportive and welcoming environment where students feel valued and respected regardless of their background or beliefs.

Educational institutions have a unique opportunity to enhance civic engagement among students by integrating civic education into the curriculum and providing opportunities for hands-on learning experiences. This can include service-learning projects, internships with community organizations, and participation in political campaigns or advocacy efforts. By actively engaging students in civic activities, educational institutions empower them to become active participants in democracy and agents of social change. Moreover, fostering a civic responsibility and leadership culture through extracurricular activities, such as student government or community service clubs, can further strengthen students' commitment to civic engagement. Ultimately, by equipping students with the knowledge, skills, and motivation to participate in civic life, educational institutions contribute to developing informed and engaged citizens capable of addressing complex societal challenges and contributing to the common good.

Thematic analysis of the data reveals several key findings regarding the role of educational institutions in countering political polarization. Firstly, it highlights the importance of creating inclusive environments that encourage open discourse and respect for diverse perspectives. Educational institutions play a critical role in fostering a sense of belonging and acceptance among students from different backgrounds, thereby mitigating the effects of political polarization (Sonia, 2022). Additionally, the research underscores the significance of promoting civic engagement initiatives within educational settings, such as community service projects and student-led activism. These initiatives empower students to actively address societal issues and foster a sense of collective responsibility and solidarity.

Comparative analysis with prior studies reveals both similarities and differences in the strategies employed by educational institutions to counter political polarization (Sofa et al., 2023). Similar to previous research, this study emphasizes the importance of creating inclusive communities and promoting student civic engagement. However, it contributes new insights by delving into the specific mechanisms through which educational institutions can achieve these goals, such as implementing diversity training programs and establishing platforms for dialogue and debate. Additionally, the findings align with previous research in emphasizing the role of educational institutions as key actors in promoting social cohesion and democratic values. This comparative analysis underscores the unique contributions of this study to the existing body of knowledge on countering political polarization within educational settings.

This study provides valuable insights into the role of educational institutions in countering political polarization and promoting inclusive communities and civic engagement. By exploring effective strategies for mitigating polarization and fostering constructive dialogue, the research contributes to a deeper understanding of how educational institutions can serve as agents of positive social change. Furthermore, it underscores the importance of proactive measures, such as diversity training and civic engagement initiatives, in building resilient and cohesive communities within educational settings. This study contributes significantly to the ongoing discourse on countering political polarization and advancing democratic values within educational institutions.

## **CONCLUSION**

In conclusion, the role of educational institutions in combating political polarization and promoting civic engagement is paramount in today's society. These institutions are crucial platforms for fostering inclusive communities and nurturing an environment where diverse perspectives are respected and valued. However, they also face significant challenges, including resistance to change,

limited resources, and ideological polarization within their ranks. Despite these challenges, there are opportunities for innovation and progress, such as integrating civic education into the curriculum, establishing platforms for constructive dialogue, and promoting diversity and inclusion initiatives.

Moving forward, educational institutions must prioritize interventions and programs that effectively address political polarization and promote civic engagement. This includes investing in comprehensive diversity training for staff and students, creating respectful discourse and debate spaces, and collaborating with external organizations and community stakeholders to expand outreach efforts. By implementing these measures, educational institutions can enhance their effectiveness in countering political polarization and fostering a culture of civic responsibility and engagement among students and faculty. Ultimately, the success of these efforts will contribute to creating a more cohesive, tolerant, and democratic society.

The implications of this research underscore the need for educational policymakers and stakeholders to prioritize initiatives that promote inclusivity and civic engagement within educational settings. This may include the implementation of diversity training programs, the creation of platforms for constructive dialogue, and the integration of civic education into the curriculum. Furthermore, fostering partnerships with external organizations and community stakeholders can enhance the effectiveness of these efforts. By adopting such proactive measures, educational institutions can play a pivotal role in cultivating a generation of socially conscious and politically engaged individuals equipped to navigate and contribute positively to an increasingly polarized world.

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